

FREE THETAN

Newsletter of the association of professional independent scientol ogists

Preserve, Protect & Promote

September 2017 Volume 9 Issue 9



THE DYNAMIC PRINCIPLE OF EXISTENCE IS: SURVIVE!

Dianetics: The Modern Science of Mental Health

FREE THETAN

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Preserve, Protect & Promote

FREE THETAN Volume 9 Issue 9 September 2017

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L. Ron Hubbard Michael Moore Sebastian Tombs Harry Seldon And many others

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

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The Members Quarterly Journal of the

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reservo, servo, proveho





reservo, servo, proveho

Dear Reader.

Dianetics was the forerunner to Scientology and is still highly valid. Many people have gone CLEAR on Dianetics (including yours truly) and it is an excellent entrance point for the new person. It gives, when studied seriously, a thorough grounding in the mechanism of the mind and what constitutes an individual. It opens eyes to the real construction of a person, what they are made of. Not just a body and a brain but much more.

"The individual is not his analytical mind, * he is not his reactive mind, ** he is not his body any more than he is his house or his car." **DIANETICS '55**

Man is, in short, a composite person. And understanding that and the parts of man sets one on the road to understanding one's true identity.

Until next time.

arc,

Michael Moore Editor

*ANALYTICAL MIND: That part of a person's thinking machinery and memories over which he has relatively full control.

**REACTIVE MIND: That portion of a person's mind which is not under his volitional command or recall, and which exerts the power of command over his thinking and actions.

—THE CREATION OF HUMAN ABILITY

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and ap- As Ron says: plication of the technology to the point where people can live their lives in peace "Man suspects all offers of help. He has and security and without war or insanity often been betrayed, his confidence shatand where they can honestly flourish and tered. Too frequently he has given his prosper and attain higher levels of spiritu- trust and been betrayed. We may err, for al being.

APIS is non political in nature and wel- long as you are one of us. comes any individual of any creed, race or nation.

APIS does not seek revolution. APIS And may a new day dawn for you, for seeks only to assist in paving the way for those you love and for man. evolution to higher states of being for the individual and for society. After endless Our aims are simple, if great. millennia of ignorance about himself, his mind and the universe, a breakthrough And we will succeed, and are succeeding has been made for man by Lafayette Ron at each new revolution of the Earth. Hubbard with the philosophy and the technology he developed to free man Your help is acceptable to us. from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand 'The Aims of Scientology' -- Lafayette Ron years of thinking men, distilled and ampli- Hubbard fied by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafa-Church of Scientology, RTC and the CST do not yette Ron Hubbard is the most vital moveappear to be following these aims fully. Therefore ment on Earth today. In a troubled world, it behooves us to take some responsibility and set the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

> APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

we build a world with broken straws. But we will never betray your faith in us so

The sun never sets on Scientology.

Our help is yours."

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See <u>Certification</u> for further details. They have passed stringent testing by senior technically qualified people as per the <u>certification</u> process.

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more. standardtechauditor@yahoo.ca

USA

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear,

Trey Lotztrey@relaypoint.net

Ian Waxler Class VIII C/S with Honors Auditing and C/Sing all old LRH Bridge info@adcian@yahoo.com

Ingrid Smith From Life repair to OT4

ingridsmith123@yahoo.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX Delivers: Internships, apprenticeships and Okay-to-Audits Class V

Ken Urquharturq@verizon.net

Non certified and pending auditors, groups and organizations can be found on the <u>auditors page</u>. APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

Quote from L. Ron Hubbard

THE CODE OF HONOUR

- 1. Never desert a comrade in need, in danger or in trouble.
- 2. Never withdraw allegiance once granted.
- 3. Never desert a group to which you owe your support.
- 4. Never disparage yourself or minimize your strength or power.
- 5. Never need praise, approval or sympathy.
- 6. Never compromise with your own reality.
- 7. Never permit your affinity to be alloyed.
- 8. Do not give or receive communication unless you yourself desire it.
- 9. Your self-determinism and your honour are more important than your immediate life.
- 10. Your integrity to yourself is more important than your body.
- 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
- 12. Never fear to hurt another in a just cause.
- 13. Don't desire to be liked or admired.
- 14. Be your own adviser, keep your own counsel and select your own decisions.
- 15. Be true to your own goals.



PRIMARY AXIOMS

Extract from Dianetics, the Original Thesis By L. Ron Hubbard

Dianetics is an heuristic science built upon axioms. Workability rather than Idealism has been consulted. The only claim made for these axioms is that by their use certain definite and predictable results can be obtained.

The principal achievement of Dianetics lies in its organization. Almost any of its parts can be found somewhere in history, even when they were independently evolved by the writer. There

are no principal sources, and where a practice or a principle is borrowed from some past school

the connection is usually accidental and does not admit any further use or validity of that school.

Dianetics will work, and can only be worked, when regarded and used as a unity. When diluted by broader applications of older practices, it will no longer produce results. To avoid confusion

and prevent semantic difficulties, new and sim-

plified terminology has been used and is used only as defined herein.

Dianetics is actually a family of sciences. It is here addressed in the form of a science of thought applicable to psychosomatic ills and individual aberrations.

The field of thought may be divided into two areas which have been classified as the "knowable" and the "unknowable." We are here concerned only with the "knowable." In the "unknowable" we place that data which we do not need to know in order to solve the problem of improving or resolving aberrations of the human mind. By thus splitting the broad field of thought, we need not now concern ourselves with such indefinites as spiritualism, deism, telepathy, clairvoyance, or, for instance, the human soul.

Conceiving this split as a line drawn through the area, we can assign a dynamic principle of existence to all that data remaining in the "knowable" field.

After exhaustive research one word was selected as embracing the finite universe as a dynamic principle of existence. This word can be used as a guide or a measuring stick and by it can be evaluated much information. It is therefore our first and our controlling axiom.

The first axiom is:

SURVIVE!

This can be seen to be the lowest common denominator of the finite universe. It embraces all forms of energy. It further delineates the purpose of that energy so far as it is now viewable by us in the "knowable" field. The activity of the finite universe can easily be seen to obey this axiom as though it were a command. All works and energies can be considered to be motivated by it. The various kingdoms have this as their lowest common denominator, for animals, vegetables and minerals are all striving for survival. We do not know to what end we are surviving, and in our field of the "knowable" and in our choice of only the workable axioms, we do not know and have no im-

mediate reason to ask why.

unknown end, for some unknown purpose. We which would tend to secure the desirable goal. need only to know that they are surviving and As an axiom, the mind can then be said to act that, as units or species, they must survive.

ing, expanded the colony. The colony, by pro- ed axiom: creation, formed other colonies. Colonies of THE MIND DIRECTS THE ORGANISM, THE and natural selection brought about specializ- EFFORT OF SURVIVAL. ing which increased the complexity of the col- A study of the field of evolution will indicate central control system.

The purpose of the colonial aggregation was to basic impulse was motivated by survival. of defense, protection and means of procrea- lows: tion and means of procreation.

Thus can be stated the second workable axiom: *RECT THEIR EXECUTION*. THE PURPOSE OF THE MIND IS TO SOLVE As there are many organisms in the same spe-PROBLEMS RELATING TO SURVIVAL.

treme, immortality. The final failure in obedi- other to ence to the law survive would be death. Be- survive, there is necessarily conflict and conble gradations. In the middle ground of such a species, scale would be mere existence without hope of or units of matter. Species cannot survive withmuch success and without fear of failure. Be- out being interested primarily in the species. low this point would lie, step by step, innumer- Natural selection and other causes have estabwhich would

ultimate goal. Above this point would lie the All forms of energy are then surviving to some small successes, appreciations, and triumphs

in obedience to a central basic command,

By derivation from the first workable axiom, survive, and to direct or manage the organism we come into possession of the second. In obe- in its efforts to accomplish the ultimate goal dience to the command "survive," life took on for the individual or species or life, and to the form of a cell which, joining with other avoid for the individual or species or life any cells, formed a colony. The cell, by procreat- part of the final failure, which leads to the stat-

different types united and necessity, mutation SPECIES, ITS SYMBIOTES OR LIFE IN THE

onies until they became an aggregation. The that survival has been, will be, and is the sole problems of the colonial aggregation were test of an organism, whether the organism is those of food, protection and procreation. In treated in the form of daily activity or the life various ways a colonial aggregation of cells of the species. No action of the organism will became a standardized unity and any advanced be found to lie without the field of survival, for colonial aggregation came into possession by the organism is acting within its environment necessity, mutation and natural selection of a upon information received or recorded, and error or failure does not alter the fact that its

survive. To do this it had to have food, means Another axiom may then be formulated as fol-

tion. The control center which had developed THE MIND AS THE CENTRAL DIRECTION had as its primary command, Survive! Its SYSTEM OF THE BODY, POSES, PERprime purpose was the food, defense, protec- CEIVES AND RESOLVES PR OBLEMS OF SURVIVAL AND DIRECTS OR FAILS TO DI-

cies, all attempting to accomplish the same The ultimate success of the organism, its spe- end, and as there are many species, and as matcies or life would be, at its unimaginable ex- ter itself is attempting in one unit form or an-

tween eternal survival and death lie innumera- test amongst the individuals of the species,

able small errors, accidents, losses, each one of lished this as a primary rule for survival: That the

tend to abbreviate the chances of reaching the unit remain alive as long as possible as a unit

and, by association and procreation, that the B Y THE STRENGTH OF HIS BASIC DYspecies remain alive as a species. Second NAMIC. grade interest is paid by the unit or the species The analytical, human or, as it has elsewhere most workable solution, natural selection best to race in its ability to perceive and resolve working rule. And the symbiotes of the suc- lated: cessful species therefore have enhanced oppor- INTELLIGENCE IS THE ABILITY OF AN INtunity for survival.

in existence, at least on this planet. Man is cur- AL. rently winning in the perpetual cosmic election. It should be noted that there is a distinct differwhich possibly may select the thinker of the new THOUGHT.

Man is heir to the experience and construction high DYNAMIC. High DYNAMIC may not of his own ancestors. As cellular conservatism denote high intelligence. Intelligence is mental is one of the factors of survival, his brain is sensitivity and analytical ability. DYNAMIC is basically the same brain which directed and the persistency of the individual in obedience resolved the problems of his animal forebears. to the command, survive! By evolution and natural selection, this brain It has been noted that there is a gradation in the mand in the individual or species is normally, factors. but variably, a survival factor. The primary For the purpose of Dianetics, good and evil facet of personality is the basic strength of the must be defined. Those things which may be **DYNAMIC**

drive.

physiology, environment, and experience. Its observations manifestation in the animal brain affects the of the individual, his family, his group, his

NAMIC. By this an axiom can be formulated: THE PERSISTENCY OF THE INDIVIDUAL observe. IN LIFE IS DIRECTS Y GO KERNED

to its symbiotes. Third grade interest is paid to been called erroneously, the conscious mind, is inanimate matter. As this is apparently the variable from individual to individual and race preserves those species which follow this problems. Another axiom can then be formu-

DIVIDUAL, GROUP, OR RACE TO RE-Man is the most successful organism currently SOLVE PROBLEMS RELATING TO SURVIV-

> ence between the DYNAMIC and the intellgence. High intelligence may not denote

therefore has the primary priority in emergen- scale of survival. Gains toward the ultimate cies. Superimposed on this animal brain has goal are pleasurable. Failures toward the final been developed an enormously complex ana- defeat are sorrowful or painful. Pleasure is lyzer, which probably exists in his frontal lobe. therefore the perception of wellbeing, or an The command, survive, is variable in individu- advance toward the ultimate goal. Pain, thereals and species to the extent that it may be fore, is the perception of a reduction toward strong or weak. Superior strength of the com- the final defeat. Both are necessary survival

classified as good by an individual are only those things which aid himself, his family, his The DYNAMIC is variable from individual to group, his race, mankind or life in its dynamic individual and race to race. It is varied by obedience to the command, modified by the

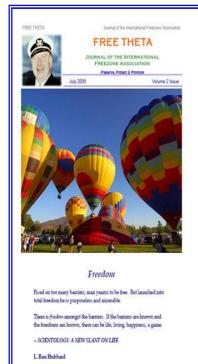
race, or life.

of the individual to life or purpose, and it af- As evil may be classified those things which fects the activity of the analyzer. The first tend to limit the dynamic thrust of the individcharacteristic of the individual which should ual, his family, his group, his race, or life in be considered is the basic strength of his DY- general in the dynamic drive, also limited by the observation, the observer and his ability to

Good may be defined as constructive. Evil

may be defined as destructive—definitions His happiness depends upon making, consolimodified by viewpoint. The individual man is dating, or contemplating gains toward his goal. an organism attempting to survive in affinity or It is a purpose of Dianetics to pass man across contest with other men, races, and the three the abyss of irrational, solely reactive thought kingdoms. His goal is survival for himself, his and enter him upon a new stage of constructive progeny, his group, his race, his symbiotes, life progression to the ultimate goal. and the universe in general in contest with any efforts or entities which threaten or impede his efforts to attain the goal.

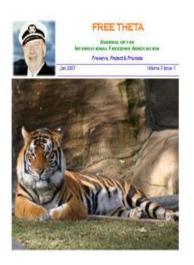
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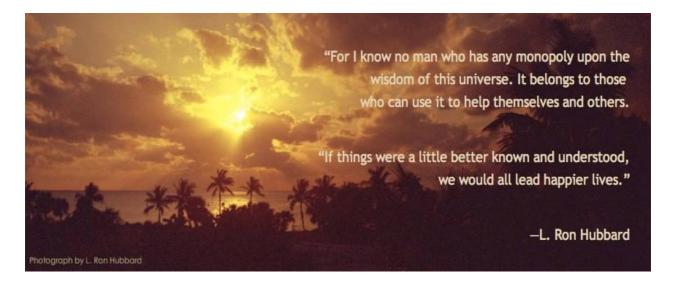


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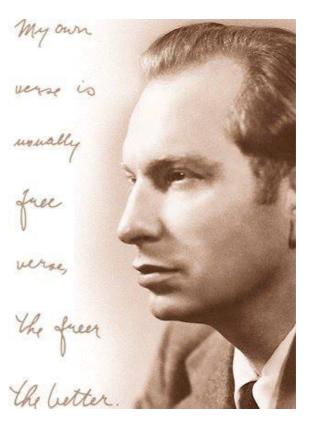
DIANE-**TICS**

Extract from Dianetics 55 by L. Ron Hubbard

Why should anyone want to know anything about the human mind? And, for that matter, why should anyone believe that knowledge of the human mind is either unobtainable or undesirable? Why should men ostensibly seeking answers to the mind stray so far from it as to examine rats and entirely avoid looking at human beings? And why should anyone pretend-vital necessity in any society which desires to ing to treat the mind stray so far afield as elec- become free and remain free. The only eletric shock?

who knows the structure, function, and dynamics of the human mind is very difficult to control. The only way a mind can be controlled is ness to a mind one is no longer able to victimize it. And a profession or a society would the group, or Mankind. have to move out of slave orientation into ac- Dianetics is an effort towards the attainment by fective.

so you should want knowledge of yourself and use of the mechanisms of slavery. Dianetics others. Just as you fight away from knowing- can be contested, it can be vilified, its founder ness concerning self, so you will be controlled. and practitioners can be publicly pilloried, but



ments in a society which would combat, or The answers are relatively simple. Anyone contest, or dispute an effort to attain such a science would be those interests which desired, by ignorance, to maintain their control of a slavery. Each and every impulse of freedom is by enforcing upon it ignorance of itself. As far an impulse towards sanity, towards health, toas study and treatment is concerned, a mind wards happiness. Every impulse towards slavwhich has been made ignorant of itself would ery is an impulse in the direction of misery, have to have restored to it awareness of its fun- disease and death. One can say alike of the ardamentals before it could be considered to be thritic and the neurotic that the basic cause of recovered. And when one restores full aware- disturbance, physical or mental, germinated in efforts to reduce the freedom of the individual,

tion by freedom and consent, were it to be ef- Man of a level of freedom where decency and happiness can prevail, and where knowledge of Just as you do not want people to control you, the mind itself would prevent the unscrupulous A simple and conclusive science of mind is a Dianetics cannot be ignored. It could neither

endeavors. This is Man's one saving grace, and not exist. because Dianetics is such an impulse, and be- What a world this would be! And yet this cause its basic purpose, from the moment of its world, this pattern, is the goal of the slave to the attainment of even greater freedom it his freedom to a point where he believed himmasters as the years roll on.

art or a science, whether it is a humanity or a nisms. He receives the full jolt of his own enhoax, but all this would avail us very little for deavors to entrap. What would be the purpose etics is what it is, and the totality of it can best purpose worth contemplating which does not be summed by the description, 'an understand- include happiness and experience. ing of Man.'

We do not care whether or not it is more He has become nothing but an animated robot, properly catalogued under Adventure or Mys- without understanding, without humanity, pertery. We do care whether or not it is promul- feetly willing then to compose missiles of such gated and known, for everywhere it walks desolating quality that an entire civilization slavery ceases. That mind which understands can perish, and that the happiness of all can be itself is the mind of a free man. It is no longer destroyed in the experience of radiation - an prone to obsessive behavior, unthinking com- experience which might be considered digestipliances, covert innuendoes. It is at home in an ble by an atomic pile, but not by a human beenvironment, not a stranger. It is the solver of ing. Thus as we depart from the concepts of problems and the maker of games. A mind that freedom, we depart into a darkness where the is enslaved is weak. A mind that is free is pow- will, the fear, or the brutality, of one or a few, erful, and all the power there is, is defined by no matter how well educated, may yet obliteand contained in freedom.

mind? A question of a similar magnitude what happens when the machine runs wild, and fiction writer once conceived a world com- Man can only become a machine when he is no posed entirely of machines, composed to a longer capable of understanding his own bepoint where the machines were repaired by ingness and has lost his contact with it. Thus other machines, which, in turn, were repaired it is of enormous importance that we under-

be drowned in praise, nor burned in some this story from the fondest belief of nuclear purge to its total eradication, for it is a wonder- physicists that there is only a machine, that fully observable fact that the one impulse in man derives from some spontaneous combus-Man which cannot be erased is his impulse to- tion of mud, that the soul does not exist, that wards freedom, his impulse towards sanity, freedom is impossible, that all behavior is towards higher levels of attainment in all of his stimulus-response, that causative thought can-

conception, have been dedicated unswervably makers. If every man could be depressed from cannot perish - a fact which will become self but a cog in an enormous machine, then all doubtlessly more annoying to the slave-things would be enslaved. But who would there be to enjoy them? Who would there be to There is much argument upon which we could profit? Not the slave-maker, for he is the first adventure concerning whether Dianetics is an to succumb. He succumbs to his own mechawe would only be quibbling with words. Dian- of this world of machines? There could be no

When a man is no longer able to envision hap-We do not care whether or not it is a science. piness as a part of his future, that man is dead. rate everything for which we have worked, Why should you know something about your everything for which we have hoped. This is would be: "Why should you live?" A science when Man, becomes a machine, runs wild. by yet other machines, and so the circle went stand something about the mind, that we un-'round and the machines survived. He wrote derstand we are minds, that we are not mawhich he is entitled.

ic fission was yet in its early stages. But nitely, that the wrong thing to do is nothing. dreams, his fondest hopes, his possessions – fullest extent. Were you to take the even on down to his identification cards and technologies of Dianetics this day, and seek-

chines, and it is of enormous importance that we and our ancestors have striven, and it is Man attain at once to some higher level of my belief that an individual who can contemfreedom where the machine reaction of de- plate this with equanimity and without an imstruction may be controlled, and where Man pulse to act is so lost to the race and lost to himself can enjoy some of the happiness to himself, to his family, and to his friends, that he must personally believe there is no hope "Dianetics: The Modern Science of Mental for anything, anywhere, at any time. Such de-Health" was written into a world where atom- pravity is difficult to envision. We know, defi-

"Dianetics 55!" is being written in a world Whenever any situation may develop, we alwhere bombs exist of such fury that a conti- ways have that answer. It is wrong to do nothnent could be laid waste. The recent declara- ing. The only time anyone has ever gotten into tion of the Secretary of War of the United serious trouble was when he decided he could States of America that such weapons exist, do nothing about something. This was the enand are capable of being used, and his as-tering threshold towards death. When one sumption that men exist with such insufficien- knew, at last, that he was powerless in the face cy of humanity that they would use such of all fates, or of any one particular fate, he weapons, tells us that it is time someone, was, to that degree, a slave of those fates. somewhere, took a hand in this game. The in- Thus, the wrong thing to do in this world, at timacy of his promises cannot be escaped. this time, is nothing. No matter what fantastic You would think anyone a madman who es- or incredible plan we adventure upon, no matsayed to destroy every book in every library in ter how we put it forward, it would still be the United States and Russia. You would better than the abandonment of all plans and think a man quite insane if he insisted upon all action. It may be that we have better plans the destruction of all your personal posses- than fantastic plans. It may be that we, possions. You would know he was mad when he sessed of a knowledge of the mind and of insisted that the only course for the future was Man, can yet restrain this dreadful crime of the destruction of your body and any future oblivion from occurring. Dianetics, then, is a race to remember it. Only a raving, drooling weapon. It is a timely weapon. It is the only madman could contemplate the ending of all weapon of defense in existence which can goals everywhere on earth. And only an apa- confront with equanimity nuclear fission. Dithetic fool would stand by motionless before anetics can fail only if it is not used, only if the inevitable destruction of his most intimate those who know about it do not use it to its

the money in his wallet. Such destruction per- ing out anyone even remotely connected with mits no inheritance. It means an end of every- the responsibility for waging atomic war, apthing for which we have all hoped, for which ply these techniques to them, you would soon



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reservo, servo, proveho

of humanity that he would recognize some of much less war by atomic fission with the conhis responsibility to the human race. Your task sequence of the destruction of at least one connected with the waging of war with atomic fis- of the planet earth. Who would believe that you should realize that anyone in a top-secret earth as to endanger or eradicate all further or confidential classification in government is life-forms on this planet? What argument not supposed to impart any information of his could there be amongst men which could occacalling. And it is the fear of governments that sion such a fate for earth? There is no such arsomeone practising in the field of mental heal- arise amongst machines which, conscientiousing. And thus, if anyone connected with nucle- ly, might push buttons, reach conclusions for cation would be cancelled. But this is not a include violence or revolution, and all of them hopeless picture. Supposing one

Or supposing one pointed out this idiocy with remember also that Dianetics is a precision sciwho are not responsible for) the destinies of precision science. That if you are to Man, and made it mandatory that the sanity of accomplish anything with it, whether the resanyone connected with the creation or use of cue of a relative from the pain of continued atomic fission be required to have a sanity psychosomatic illness, of a group, a nation, or passport. Only the insane will destroy. Re- a world, it works exactly along the lines it is member that! Only the insane would bring designed. It does not work with innovations. It about the end of earth. One of these men, fum- is a precision science. It has a precision misbling forward, uncomprehending, a mere ma- sion. It contains more answers than Man has chine, given processing begins to realize that ever had before, and it contains enough anhe is not without responsibility for the safety swers to make Man free – if it is used! of humanity. Only when he is a slave could he be forced to use such weapons against mankind. There is no argument on earth of suffi-

have the man into a sufficiently high stratum cient emergency or violence to require war, would be made hard, for all those who are continent, and within a few years, the destruction sion are restricted by law from receiving any anyone could wipe a continent clean of life psychotherapy. If this seems incredible to you, without at once so polluting the atmosphere of some of this information might be imparted to gument amongst men. Such an argument could ar fission is discovered to be undergoing pro- which they had no responsibility. There are cessing of any kind, he would be immediately many ways in which a higher state of security relieved of his post and his top-secret classifi- could be attained for earth. None of these ways include a greater freedom for Mankind. Dianeprocessed them all and had all their top-secret tics is the key technology necessary for the classifications cancelled, who would be left? control of atomic fission. Remember that, and sufficient conviction to those in charge of (but ence, that it works only when it is used as a

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A TRIBUTE TO MARY SUE HUBBARD

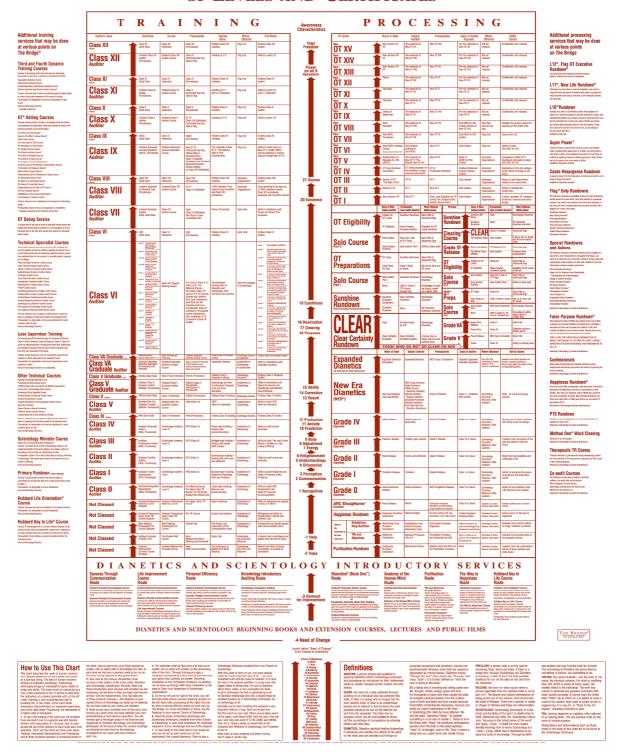
Wife of L. Ron Hubbard

Remembered with Respect and Honor



THE BRIDGE TO TOTAL FREEDOM

SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES





Wins and Successes in the Scientology Independent Field

Purification Success Stories

I feel so healthy and free of drugs and toxins. My mind is clear and focused and my body strong. I am excited for the rest of the program and ready. Thank you. BG

I was sceptical to begin the Purification Program and I have to admit, the first week was not fun! I felt tired, lethargic and flustered. I probably would have given up for a while if it weren't for the help of Les and Anita. But thank God I stuck with it because I feel fabulous! I never thought I could or would feel this amazing. My energy has made a resurgence and I feel lighter, younger and more vibrant. My skin and hair feel amazing and my eyes are so clear!!! I also feel some of my excitement for life coming back. I feel ready to take on the work. A big change from 3 weeks ago, when, at times, I just felt like leaving it. The Purification Program made me realize we as human beings are SUPPOSED to fee good...on our own, in our own skin, and without the aid of drugs or narcotics. I'm so excited now to take on my life ;-)) Thank you. SF

Book 1 Success

"The Life Improvement Center, nestled in the foothills just north of Spokane, Washington, is an active place of healing and training. Healing of wounded spirits is the mission Anita and Les Warren have undertaken. Wounded spirits like mine are less able to integrate and become all that they can be. After a short visit I am well on my way to a freedom I have not felt in some time. I am energized for the road ahead and grateful for having shared my burden with people who are trained to listen without judgement while allowing your spirit to break free. Anita's time with me was professional, empathetic and ultimately freeing for me. I am so

grateful for the peace of this place and the communal camaraderie with others who are in training here. May the highest good be our goal. I may return to learn how to help others myself. Imitation would be the highest compliment I could pay to the team at the Life Improvement Center. DP"

Student Hat

The Student Hat was incredible to me. It is a real adventure an adventure of which is mapped out through the crevices of dictionaries, PLs and HCOB's and what would an adventure be without a guide or rather guides? I'd like to thank LRH for setting out the route and also Ray and Pat who both helped me overcome the great and scarey misunderstoods along the road. .RA

Communication Training Drills

"Each time I have done TRs I have had new gains. The experience changes as you gain more control, push different buttons, and, of course, are in a new period of time. My partners have been so great in each experience. You build a great relationship with them through the experience. It's an awesome feeling to grow together even when it is someone you have met only days before. I would have considered myself a shy person until doing the TR Course. It's great to help break you out of your shell or even a darker place in life. You will without a doubt laugh uncontrollably during this course. It's a great getaway as well. LM"

CLEAR

Clear—what a great name for this state of mind because there is no other word that cn describe it. It feels great and it's hard to believe that it gets even better than this.

Thanks Pat, Ray, Mike, Joe, Tim, Matt, Mary and Joan and all the characters who made this journey fun.

CD

Original OT 6

The Original OT 6 was a wonderful way to finish up a cycle I started back in 1982 before the new NOTS levels of OT I did. I thought that I would never be able to finish them when they were removed by David Miscavige from the Bridge. Is this a form of LRH's bulletin on "Tech Degrades"? I think it might qualify for it since Miscavige never put those processes anywhere on the Bridge after he removed them! Thank God they're available in the Indie Field for everyone who wishes to do them! As a New OT 8 completion these levels were just as valuable as the gains and spiritual awareness I got up to New OT 8. In fact, in regards to what the level is about — which is the familiarization with the MEST Universe and one's exteriorization as a thetan— these drills really put me in a new, or should I say, once again rehabbed into a more comfortable, natural spiritual state of being exterior. I haven't the slightest clue why they were ever removed! I would suggest to anyone going up the Bridge to insert this and all the original OT levels into your Program at proper time. Thanks to my great CS Randy Smith for assisting me on this journey and to LRH for putting it there!

Solo NOTs

There's so much to relate about auditing solo NOTs that I will try to narrow it down, but any-

one who wants to can get in comm with me for more of my story. The most liberating win came from many hours of slogging through a lifetime of a long PTS condition. Finally blowing that cracked my case. I ran out so many fixed conditions along that journey. The rundown is definitely like digging ditches, persevering and and confronting all that seems unconfrontable and permanent, until it all crumbles.

One day recently, I discovered ARC for every particle in the MEST universe. At first I thought I was perceiving beauty in every little thing, then I cognite that I was instilling the beauty. I discovered that I am beauty, that I have it, I can permeate stuff with it and, as I said, I am it. I perceived myself and my viewpoint, observing the MEST universe, from outside of it. I gained so many abilities along the way. I went back to school to study music theory, classical guitar, classical piano and French. Did I mention I had no rhythm previously? It's been so much fun to study and be in that environment. Most importantly I know myself as the theta being I am- I can objectively observe the MEST universe and see where it ends and I begin. There are two universes at work here, one of force and one of beauty, everyone needs to know this. I feel an exhilarating love and gratitude to LRH for his brilliance and his loving heart, likewise to Trey (my auditor on the OT levels) and to my tech mentor and CS, who is always there for me (no matter what), Randy. I love you guys.

Original OT 5

I initially started the Original OT levels in 1982 when I did OT 1, 2, 3, 7EP (End Phenomena), OT3X and 4. OT 7EP was known as the Intention level and was done after completing OT 3 to give you more powerful intention-wise to tackle Expanded OT 3. These were the OT levels as they were delivered up to the late 70s-early 80s – when the "Original" ones became superseded by the new NOTs levels.

A short time after I did these levels LRH came out with the NOTS series of OT levels including New OT 4 — the new Drug Rundown for OTs — completing all of them up to New OT 8 from 1984 — 1994. At the time the new levels came out I didn't complete the original OT levels 5 and 6 but routed onto the New OT 4 doing the entire new OT levels line-up. LRH passed away in 1986 so when David Miscavige took over he never included any of the original OT levels on the Bridge. If LRH was still alive I'm sure he would not have relegated the original levels to the scrap heap but would have incorporated them somewhere on the Bridge. Since I had made it up to New OT 8 I still had the unfinished cycle of actions with the original OT 5 and 6. The advantage of being a part of the Indie field is that these levels are still available to do so I decided to complete that cycle of action.

Completing Original OT 5 – just recently – has been incredible in enhancing the exterior aspect of an OT. The drills on Original OT 5 get an OT into a more stable exterior state. I even rehabbed a New OT 8 win after doing a session on Original OT 5! I cognited that LRH's "The Factors" were in back of the level, as well as LRH's book, "The Creation of Human Ability", which gave me a more stable exterior existence and beingness. These levels should not be neglected but considered as part of one's journey on the OT levels. Now I'll do the Original OT 6 to wrap up this cycle of action which hasn't been completed since 1982. I would advise everyone doing these levels. Thanks to my CS Randy Smith for great CS'ing on the level and guiding me through it and to LRH for putting it there for everyone.

Expanded Know to Mystery Scale

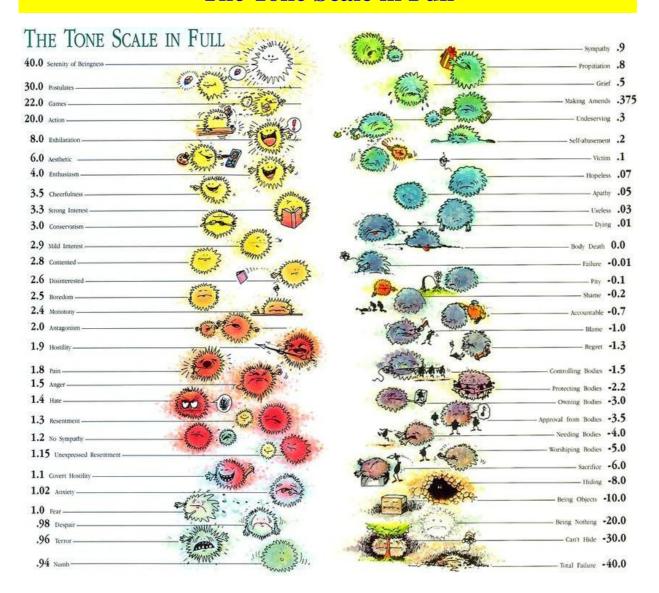
But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And be-low this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

The Tone Scale in Full

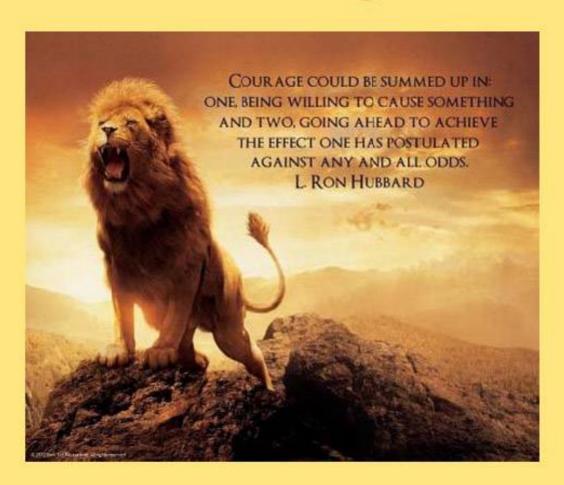


The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

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A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

- "Recall a time which really seems real to you."
- "Recall a time when you were in good communication with someone."
- "Recall a time when you agreed to something."
- "Recall a time when somebody disagreed with you."
- "Recall a time when you liked somebody."
- "Recall a time when someone agreed with you."
- "Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.



L. Ron Hubbard talks with staff and students at old Saint Hil

stick by it.

The Future Lies in the Future

A silly little phrase, the future lies in the fu- How do we get such a future? ture. But it is very true. And the creation of It requires a lot of work as the counter intenhere and now will determine the sort of future charge it would seem. we have.

So what sort of future do we want to have? a future where it is safe to come back. Where drape falls away. there is sanity and peace on earth. Where The 'heaviness' of the world's problems and

a world in which there is no longer the vested realities of life.

interest in war and conflict because people are educated enough and higher toned enough not to desire such things in order to feel safe and live.

I believe that most people would like to have a world in which all of us, as humanity, are high toned enough to be responsible for the environment. Where we care for the other Dynamics just as much as we care for our own.

I believe that most people would like to have a world in which there are higher motivations than power and money. Such motivations might be duty and caring for others.

I believe that most people would like a future where we can all BE. Where going clear and OT is a common enough thing and where the bridge is an accepted fact and people are progressing steadily along it.

the future lies in the present. What we do tion to such a world is high and visibly in

But it is not as difficult as it might appear.

The heavy drape or curtain is held by small, I believe that most people would like to have much lighter rings. Remove the rings and the

children are taught to be responsible for issues is held simply by the intentions of a themselves and to chose a code of ethics and few thetans with which others are in agreement through ignorance and apathy driven by I believe that most people would like to have past experiences and little education in the



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How can we change this?

Reality is agreement. The more agreement done for them'. there is the more real something becomes. The In such a culture how do you get people up to ment than you can throw a stick at and it is cer- selves? tainly persisting and is more real to most peo- You have to. ple than their own beingness. The current 1. Entice them to look, the sizzle not the steak agreement for the future for this planet is not remember? of the best. It currently lies in irresponsibility 2. Educate them. In small bites perhaps. Small beingness is being buried in the enforced reali- reality ty of MEST.

The lower down the tone scale an individual is and the less real the upper levels of the tone scale 4. The Dissemination Formula is still an excelare going to be for that individual.

He has to be dug out.

While the culture is driving him down the tone source groups in the Freezone and the changed scale we have to, somehow, insert a wedge into altered original texts by Ron Hubbard is anotha crack in that culture to let some light in and er. to show that there is something else available. Agreement first as to what future is wanted is a other people? As long as we are ok and have first step. How far into the future are we will- gone free what difference does it make? A 1,000 years?

first few lines of this article?

that future will become real.

How do we advance this agreement?

sell the idea to people but we cannot sell a to. technology or a philosophy. People are now at ~oo00oo~ a point where they expect sensation, Where

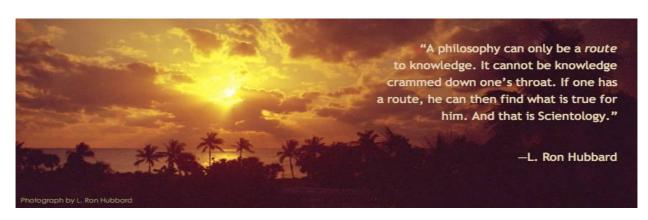
they are spectators and a culture where 'it is all

MEST universe, for example, has more agree- the point where they can start to see for them-

- and not-is-ness. The reality of an individuals datum that can be assimilated and is on their level.
 - 3. Offer some hope of beingness. Demonstrate show they can lent entrance point for face to face meetings.
 - 5. Showing a comparison between the on

So why should we do this? Who cares about

ing to mock up? 5 years? 10 years? 50 years? It makes all the difference in the world. We have all heard the phase, "No man is an is-Is the future we want as described above in the land." All this means is that there is more than one dynamic. Any individual who is only first If so some agreement is needed to put it there. dynamic orientated is going to end up in trou-The more agreement we have the more real ble. The dynamic of life is split into eight parts. Only operating on one part is going to result in a reduced ability to survive well as We sell the sizzle. Not the steak! We need to only one eighth of survival is being attended



Regain your ABILITY and POWER as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, an and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

- Luther >

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Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

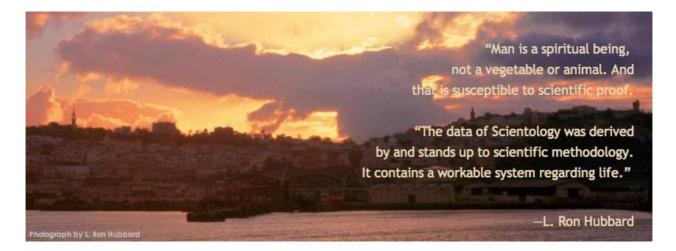
- 1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
- 2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
- 3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
- 4. Get a physical examination and if anything is chronic get it cured.
- 5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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